



# How to Find Happiness in the Age of COVID-19

**With Dr. Brian Burke**

The COVID-19 pandemic has caused us to question how we are living and everything we hold dear. Explore the psychological science of what we know about how to live a good life for the era we are living through!

**Email [darcy@prlibrary.org](mailto:darcy@prlibrary.org)  
for Zoom login information.**

**Monday, January 25**  
**6-7 pm**